Pisgah National Forest!

Sliding Rock!

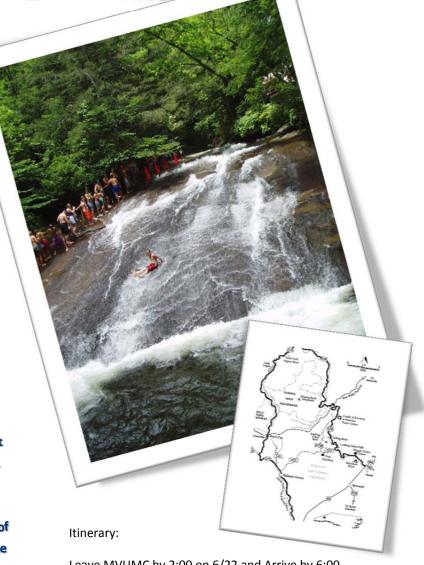
COSTS 50\$

June 22 to June 24

We leave at 2:00 at MVUMC on 6/22, and arrive that day at 6:00. We return on Sunday around 3ish.

Come if you want to have fun!

The Pisgah National Forest covers over 500,000 acres of forest land across the central mountains of Western North Carolina. This large forest includes lands surrounding the town of Asheville and the French Broad River Valley, and extending into the higher mountains all around. It encompasses some of the highest mountains in the Southern Appalachians, and the Eastern U.S. Tremendous recreational opportunities, including hundreds of miles of trails for hiking and backpacking, abound within its boundaries.



Leave MVUMC by 2:00 on 6/22 and Arrive by 6:00 setup camp and make dinner at camp.

Saturday – camp breakfast then head to sliding rock.

Take bagged lunches and eat at sliding rock. After lunch, more sliding rock for balance of afternoon. Return to camp (eat on way to camp) dinner and camp activity.

Saturday (day hiker option) – camp breakfast then off to hike. Lunch and dinner on the trail. Return to camp.

Sunday – Breakfast in the camp, pack up, stop for lunch in route home. Return 3ish on the 24th.

Cost. Camping \$16/person, Group food +-\$8, individual meals (eat out (2 @ \$8) \$16). Park fees \$3/person + gas. Total \$50